

# Roxbury Senior Center

# May 2015

Sun.	Mon.	Tuesday	Wednesday	Thursday	Friday	Sat.
 <p><b>Computer Help with Bill Chin of Software Matters in Roxbury is available on Wednesdays by appointment.</b></p> <p>Please call the Senior Center if you are Interested in scheduling an appointment!</p>		 <p><b>Special thanks to Sue Scott who has generously offered to help maintain the Senior Center Patio Gardens again this year.</b></p> <p><b>Please contact the Senior Center if you are able to help!</b></p>		<p><b>1</b></p> <p><b>Knitting Group 10 AM</b>  <b>Yoga - 10 AM</b>  <b>Chair Yoga -11:45 AM</b></p> <p>Friends of the Roxbury Senior Center's Board of Directors Mtg 12:30 PM</p>	<p><b>2</b></p>	
<p><b>3</b></p>	<p><b>4</b></p> <p>Senior Center Closed</p>	<p><b>5</b></p> <p><b>Senior Aerobics-10 AM</b>  <b>ZUMBA GOLD - 11:15 AM</b>  <b>SOUP'S ON! 12 to 1 PM</b>  <b>Pinochle &amp; Games - 1 PM</b></p>	<p><b>6</b></p> <p>Computer Help by appointment</p> <p><b>Senior Center Trip to Historic Keeler Tavern &amp; Lunch</b>  <b>10 AM Departure</b>  <b>Writers' Group - 11 AM</b></p>	<p><b>7</b></p> <p><b>Senior Aerobics - 10 AM</b>  <b>Mah Jongg 12 noon</b>  <b>Roxbury Bridgewater Spring Floral Workshop—1 PM</b>  <b>Senior Center Board of Directors' Mtg - 7:15 PM</b></p>	<p><b>8</b></p> <p><b>Knitting Group 10 AM</b>  <b>Yoga - 10 AM</b>  <b>Chair Yoga -11:45 AM</b>  <b>Crafts with Beatriz 1 PM</b></p>	<p><b>9</b></p>
<p><b>10</b></p> <p><b>Mother's Day</b></p> 	<p><b>11</b></p> <p>Senior Center Closed</p> <p>Monday Bus Trip ARTHUR AVENUE</p>	<p><b>12</b></p> <p><b>Senior Aerobics-10 AM</b>  <b>ZUMBA GOLD - 11:15 AM</b>  <b>VNA FREE Blood Pressure 11:30 AM to 12:30 PM</b>  <b>SOUP'S ON! 12 to 1 PM</b>  <b>Pinochle &amp; Games - 1 PM</b>  <b>WHEELS Program - 1 PM</b></p>	<p><b>13</b></p> <p>Computer Help by appointment</p> <p><b>Marianne De Silva's Cooking Class at 11 AM</b>  <b>NEW Gourmet Pizza</b></p>	<p><b>14</b></p> <p><b>Senior Aerobics - 10 AM</b>  <b>Sights and Tastes of Morocco - 10:30 AM</b>  <b>Mah Jongg 12 noon</b></p>	<p><b>15</b></p> <p><b>Knitting Group 10 AM</b>  <b>Yoga - 10 AM</b>  <b>Chair Yoga -11:45 AM</b></p>	<p><b>16</b></p>
<p><b>17</b></p>	<p><b>18</b></p> <p>Senior Center Closed</p>	<p><b>19</b></p> <p><b>Senior Aerobics-10 AM</b>  <b>ZUMBA GOLD - 11:15 AM</b>  <b>SOUP'S ON! 12 to 1 PM</b>  <b>Pinochle &amp; Games - 1 PM</b></p>	<p><b>20</b></p> <p>Computer Help by appointment</p> <p><b>Book Discussion at 12:30 PM</b>  <b>The Daring Ladies of Lowell By Kate Alcott</b></p>	<p><b>21</b></p> <p><b>Senior Aerobics - 10 AM</b>  <b>Mah Jongg 12 noon</b></p>	<p><b>22</b></p> <p><b>Knitting Group 10 AM</b>  <b>Yoga - 10 AM</b>  <b>Chair Yoga -11:45 AM</b></p>	<p><b>23</b></p>
<p><b>24</b></p> <hr/> <p><b>31</b></p>	<p><b>25</b></p>  <p><b>Memorial Day</b></p> <p>Senior Center Closed</p>	<p><b>26</b></p> <p><b>Senior Aerobics-10 AM</b>  <b>ZUMBA GOLD - 11:15 AM</b>  <b>VNA FREE Blood Pressure 11:30 AM to 12:30 PM</b>  <b>SOUP'S ON! 12 to 1 PM</b>  <b>Pinochle &amp; Games - 1 PM</b></p>	<p><b>27</b></p> <p>Computer Help by appointment</p> <p><b>Roxbury Seniors' Luncheon - 12:30 PM</b>  <b>Speaker: Commissioner Ritter, CT Dept. on Aging</b></p>	<p><b>28</b></p> <p><b>Senior Aerobics - 10 AM</b>  <b>11 AM NEW Technologies to Assist Us As We Age</b>  <b>Mah Jongg 12 noon</b></p>	<p><b>29</b></p> <p><b>Knitting Group 10 AM</b>  <b>Yoga - 10 AM</b>  <b>Chair Yoga -11:45 AM</b></p>	<p><b>30</b></p>