

# Roxbury Senior Center

# November 2014

Sun.	Mon.	Tuesday	Wednesday	Thursday	Friday	Sat.
<p><i>The Friends of the Roxbury Senior Center's</i>   <b>Soup's On Lunches</b>                      will be held <b>ONLY</b> on  <b>Tuesday, November 18</b>                      due to November holidays                      Come join us for lunch from 12 to 1 PM!</p>		<p> <b>Computer Help with Bill Chin</b>                      of Software Matters is                      available <b>Wednesdays</b>  <u>by appointment.</u>                      Call the Center if you are interested in                      scheduling an appointment!</p>	<p> <b>CALLING ALL BAKERS . . .</b>                      If you would like to <b>BAKE</b> for the  <b>BAKE SALE</b> at                      this year's <b>HOLIDAY FESTIVAL</b>                      Please sign up at the Senior Center!</p>		1	
2 Daylight Savings Time Ends 	3 Senior Center Closed	4 <b>Election Day</b>  The Senior Center will be closed <b>Please remember to VOTE!</b>	5 Computer Help by appointment <b>Senior Center TRIP to New Britain Museum of American Art Writers' Group—11 AM</b>	6 Senior Aerobics - 10 AM <b>Knitting and Needlecrafts Group 10:00 AM</b> Mah Jongg 12 noon <b>Feeding Birds For Pennies Margaret Robbins - 1 PM</b> Board of Directors' Mtg - 7:15 PM	7 Yoga - 10 AM <b>Chair Yoga -11:45 AM</b> Friends of the Roxbury Senior Center Board of Directors' Meeting 12:30 PM	8
9	10 Senior Center Closed Monday Bus Trip - Shop & Lunch	11 <b>Veterans Day</b>  The Senior Center will be closed <b>COA's Veterans' Celebration 1 - 3 PM</b>	12 Computer Help by appointment <b>Marianne De Silva's Cooking Class Holiday Sides 11 AM</b>	13 Senior Aerobics - 10 AM <b>Knitting and Needlecrafts Group 10:00 AM</b> Mah Jongg 12 noon <b>WCAA Representatives: Medicare and Options Available - 1 PM</b>	14 Yoga - 10 AM <b>Chair Yoga -11:45 AM</b> <b>Holiday Festival Wine Pull Bottle Decorating at 1 PM</b>	15
16	17 Senior Center Closed	18 Senior Aerobics -10 AM ZUMBA GOLD - 11:15 AM <b>SOUP'S ON! 12 to 1 PM</b> <b>Pinocle and other Games - 1 PM</b>	19 Computer Help by appointment <b>Book Discussion 12:30 PM</b> <b>A Duty to the Dead By Charles Todd</b>	20 Senior Aerobics - 10 AM <b>Knitting and Needlecrafts Group 10:00 AM</b> Mah Jongg 12 noon	21 Yoga - 10 AM <b>Chair Yoga -11:45 AM</b> <b>CRAFTS WITH BEATRIZ—1 PM</b>	22
23	24 Senior Center Closed Monday Bus Trip - Arthur Avenue	25 Senior Aerobics -10 AM ZUMBA GOLD - 11:15 AM <b>VNA FREE Blood Pressure 11:30 AM to 12:30 PM</b> <b>NO SOUP'S ON TODAY!</b> <b>Pinocle &amp; Games - 1 PM</b>	26 Computer Help by appointment	27 <b>Happy Thanksgiving</b> The Senior Center is Closed Today 	28 The Senior Center is Closed Today	29
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