

Roxbury Senior Center

December 2016

Sun.	Mo	Tuesday	Wednesday	Thursday	Friday	Sat.
	Senior Bus Weekly Shopping Schedule: Tuesday - 9:30 AM start at Center - Southbury/ Woodbury Wednesday - 9:30 AM start at Center - New Milford/Brookfield Pick up at Homes and Stop at Bernhardt Meadows both days.			1 Senior Aerobics/ Mat - 10 AM Adult Coloring - 10 AM A Matter of Balance Class - 1 PM Senior Center Board of Directors' Meeting 7:15 PM	2 Knitting Group - 10 AM Yoga - 10 AM Chair Yoga—11:45 AM Holiday Festival Set Up	3 Friends of Roxbury Senior Ctr Holiday Festival 2:30 - 5 PM 
4	5 Senior Ctr. Closed Danbury Fair Mall AREA BUS: 10 AM	6 Senior Aerobics - 10 AM ZUMBA GOLD - 11:15 AM SOUP'S ON 12 noon to 1 Mah Jongg - 12 noon Pinochle & Games -1 PM	7 Computer Help by App't Cooking Class with Marianne De Silva Holiday Brunch 11 AM No Writers' Group in December	8 Senior Aerobics/ Mat - 10 AM Adult Coloring - 10 AM A Matter of Balance Class - 1 PM	9 Knitting Group - 10 AM Yoga - 10 AM Chair Yoga—11:45 AM Roxbury- Bridgewater Garden Club's Boxwood Tree Workshop - 1 PM	10
11	12 Senior Ctr. Closed West Hartford Shopping Bus: 10 AM	13 Senior Aerobics - 10 AM ZUMBA GOLD - 11:15 AM VNA FREE Blood Pressure 11:30 AM to 12:30 PM SOUP'S ON 12 noon to 1 Games - in PM After Lunch: Lifeline 1 PM 	14 Computer Help by App't Roxbury Seniors Christmas Luncheon at The Curtis House 12:30 PM	15 Senior Aerobics/ Mat - 10 AM Adult Coloring - 10 AM A Matter of Balance Class - 1 PM	16 Knitting Group - 10 AM Yoga - 10 AM Chair Yoga—11:45 AM Crafts with Beatriz- 1 PM	17
18	19 Senior Ctr. Closed Lunch & Movies BUS: 11 AM	20 Senior Aerobics - 10 AM ZUMBA GOLD - 11:15 AM NO SOUP'S ON Mah Jongg - 12 noon Pinochle & Games -1 PM	21 Computer Help by Appointment Afternoon Movie - 1 PM Miracle on 34th Street	22 Senior Aerobics/ Mat - 10 AM Adult Coloring - 10 AM The Senior Center will close at 12 Noon today	23 The Senior Center will be closed	24 Hanukkah Begins at Sundown 
25 Merry Christmas 	26 Senior Ctr. Closed	27 Senior Aerobics - 10 AM NO ZUMBA GOLD NO SOUP'S ON VNA FREE Blood Pressure 11:30 AM to 12:30 PM Games in PM	28 Computer Help by appointment	29 Senior Aerobics/ Mat - 10 AM Adult Coloring - 10 AM	30 Knitting Group - 10 AM Yoga - 10 AM Chair Yoga—11:45 AM	31 Happy New Year's Eve! 