

Roxbury Senior Center

April 2016

Sun.	Mon.	Tuesday	Wednesday	Thursday	Friday	Sat.
<p>Senior Bus Weekly Shopping Schedule: Tuesday - 9:30 AM start at Senior Center Southbury and Woodbury Wednesday - 9:30 AM start at Senior Center to New Milford & Brookfield Stops at Bernhardt Meadows both days.</p>		 <p>Sandra Cointreau will be offering a BONUS Watercolor Class on Thursday, April 14 at 1 PM for those seniors who participated in the March classes and have the established skills needed for this class.</p>		<p>1 Knitting Group 10 AM Yoga 10 AM Chair Yoga -11:45 AM</p> <p>Friends of the Senior Center Board of Directors Meeting 12:30 PM</p>	<p>2</p>	
<p>3</p> <p>Reception for Artist Diane Dubreuil 2 - 4 PM</p>	<p>4 Senior Ctr. Closed</p> <p>Senior Bus Danbury Mall Area</p>	<p>5</p> <p>Senior Aerobics 10 AM ZUMBA GOLD - 11:15 AM SOUP'S ON 12 noon to 1 PM Pinochle & Games - 1 PM</p>	<p>6</p> <p>National Walking Day 9:30 - 10 AM at Booth Free School Computer Help by appointment Writing Group 11 AM</p>	<p>7</p> <p>Senior Aerobics/ Mat Class – <i>Infinite Design Coloring</i> - 10 AM Mah Jongg - 12 noon Senior Center Board of Directors' Meeting - 7:15 PM</p>	<p>8</p> <p>Knitting Group 10 AM Yoga 10 AM Chair Yoga -11:45 AM</p>	<p>9</p>
<p>10</p> <p>On the Road Again– 10 AM Mattatuck Museum</p>	<p>11 Senior Ctr. Closed</p>	<p>12</p> <p>Senior Aerobics 10 AM ZUMBA GOLD - 11:15 AM SOUP'S ON 12 noon to 1 PM VNA FREE Blood Pressure 11:30 AM to 12:30 PM Pinochle & Games - 1 PM</p>	<p>13</p> <p>Computer Help by appointment Cooking Class with Marianne De Silva Salads From Around the World 11AM</p>	<p>14</p> <p>Senior Aerobics/ Mat Class – 10 <i>Infinite Design Coloring</i> - 10 AM Mah Jongg - 12 noon Bonus Watercolor Class 1- PM</p>	<p>15</p> <p>Knitting Group - 10 AM Yoga - 10 AM Chair Yoga -11:45 AM Crafts with Beatriz- 1 PM <i>Painting Flowers on Wooden Trays</i></p>	<p>16</p>
<p>17</p> <p>Lunch & Movies 11 AM</p>	<p>18 Senior Ctr Closed</p>	<p>19</p> <p>Senior Aerobics 10 AM ZUMBA GOLD - 11:15 AM SOUP'S ON - 12 noon to 1 PM After Lunch Trip To TARGET—1 PM Pinochle & Games - 1 PM</p>	<p>20 Computer Help/appointment</p> <p>Book Discussion 12:30 PM The Art Forger By B. A. Shapiro</p>	<p>21</p> <p>Senior Aerobics/ Mat Class – <i>Infinite Design Coloring</i> - 10 AM Mah Jongg - 12 noon 10 AM - Senior Bus Trip to Clinton Crossing, Lunch at <i>Fish Tale</i></p>	<p>22</p> <p>Earth Day Passover Begins at Sundown Knitting Group - 10 AM Yoga - 10 AM Chair Yoga -11:45 AM MOVIE at 1 PM - <i>Brooklyn</i></p>	<p>23</p>
<p>24</p> <p>On the Road Again - 10 AM Hubbard Park</p>	<p>25 Senior Ctr Closed</p>	<p>26</p> <p>Senior Aerobics 10 AM ZUMBA GOLD - 11:15 AM VNA FREE Blood Pressure 11:30 AM to 12:30 PM Vegetarian SOUP'S ON 12 noon/ Pinochle & Games</p>	<p>27 Computer Help /appointment</p> <p>Seniors' April Luncheon 12:30 PM Program: Floral Arranging with Michele Stuart</p>	<p>28</p> <p>Senior Aerobics/ Mat Class & <i>Infinite Design Coloring</i> 10 AM AARP SAFE DRIVING CLASS 12 noon to 4 PM Mah Jongg - 12 noon</p>	<p>29</p> <p>Wadsworth Athenaeum <i>Fine Art and Flowers</i> - 9:30 AM Knitting Group - 10 AM Yoga - 10 AM Chair Yoga -11:45 AM</p>	<p>30</p>